



PTR-JUST/IRB/2025/04/18

May 26, 2025

Mst. Sanzida Ara Islam
Roll: 202407
Registration: 2324791
Department of Physiotherapy & Rehabilitation
Jashore University of Science & Technology (JUST)

Approval of documents for the study titled **“Effectiveness of Postural Education and Therapeutic Exercise on Neck and Thoracic Pain among Breast feeding Mothers in Community Setting”** by the Institutional Review Board (IRB).

Dear Mst. Sanzida Ara Islam,

The Institutional Review Board (IRB) of the Department of Physiotherapy & Rehabilitation at Jashore University of Science & Technology has reviewed and discussed your application to conduct the research entitled **“Effectiveness of Postural Education and Therapeutic Exercise on Neck and Thoracic Pain among Breast feeding Mothers in Community Setting”** on the 6th IRB meeting held on May 24, 2025.

We have reviewed the latest version of the Ethical statement checklist, participant Information Sheet (PIS), Consent form and Questionnaire. **The IRB members are satisfied with your thesis proposal presentation held on May 24, 2025.**

We approved the research to be conducted in its presented form with the following clauses-

- I. We confirm that neither you nor your study team members participated in the deliberations of the ethics committee & did not vote on the proposal for this study.
- II. The institutional ethics committee expects to be informed about the progress of the study, any serious adverse effects (SAE) occurring in the course of the study, any changes in the protocol and participant’s information/ informed consent and asks to be provided a copy of the final record.
- III. Please submit the published article of the study as per EC standard operating protocols.
- IV. The EC is organized and operates according to the requirements of the declaration of the Helsinki and ICH-GCP, local regulatory requirements, and guidelines.
- V. The study is partially funded by the Department of physiotherapy & Rehabilitation, Jashore University of Science & Technology (JUST).



- VI. We reviewed the conflict of interest of the funder and treatment center as there is no role of funders or collaborators in the design and execution of this study.
- VII. We are approving this study as Randomized Control Trial.
- VIII. The reporting of any adverse effect, fetal occurrences or trial modifications should be reported to IRB.
- IX. The financial liability of the participants along with additional treatment cost related to adverse events will be covered by the funders.

Yours sincerely,

Dr. Md. Kabir Hossain

Member Secretary

6th Institutional review board

Department of Physiotherapy & Rehabilitation
Jashore University of Science & Technology

mkb.hossain@just.edu.bd

Professor Dr. Md. Anwar Hossain

Chairman

6th Institutional review board

Department of Physiotherapy & Rehabilitation
Jashore University of Science & Technology

anwar_physiobd@yahoo.com



<https://ptr.just.edu.bd/news/IRB>